



| Corporate Service Day Opportunities

Year-Round Opportunities

Newborn Kits for Expecting Mothers

Mary’s Center serves thousands of infants and their mothers every year. To make the transition to parenthood easier for our new parents, we offer newborn kits during appointments. Some items that are useful include bibs, onesies, toiletries, baby carriers, diapers, pull-ups, wipes, sanitary napkins, toothbrushes, soap, baby hats, and teething rings.

- Number of volunteers: 5-15
- Time commitment: 1-2 hours
- Locations:
 - In-Office at partner location
 - Mary’s Center – 1707 A Kalorama Rd NW Washington, DC 20009

Kit Item	Cost
15 Size 1-4 diapers	\$7.00
1 pack of sensitive newborn Pampers wipes	\$3.25
1 baby rattle toy	\$3.50
3 pairs of 0-3 month socks	\$4.50
1 baby cap	\$2.00
Total cost for 1 kit	Approx \$20.00

DC Essential Hygiene Kits

By donating and building essential hygiene kits, your impact will help families maintain their health! Kits can be packaged in Ziplock bags or drawstring backpacks and should contain at least 5 hygiene items.

- Number of volunteers: 5-15
- Time commitment: 2 hours
- Locations:
 - In-Office at partner location
 - Mary’s Center – 1707 A Kalorama Rd NW Washington, DC 20009

Men’s Kit Item	Cost per 1 Item
Blue Hygiene Backpack (Bulk)	\$3.00–\$5.00
Travel-Size Shampoo	\$1.00–\$2.00
Hand Soap	\$1.00–\$2.00
Travel-Size Toothpaste	\$0.75–\$1.50

Toothbrush	\$0.75–\$1.50
Travel-Size Hand Lotion	\$1.00–\$2.00
Travel-Size Hand Sanitizer	\$0.75–\$1.50
Men’s Deodorant	\$2.00–\$4.00
Men’s Shaving Razors	\$1.00–\$3.00
Travel Shaving Cream	\$1.00–\$2.00
Cost per 1 kit	Approx \$15.00

Women's Kit Item	Cost per 1 Item
Purple Hygiene Backpack (Bulk)	\$3.00–\$5.00
Travel-Size Shampoo	\$1.00–\$2.00
Hand Soap	\$1.00–\$2.00
Travel-Size Toothpaste	\$0.75–\$1.50
Toothbrush	\$0.75–\$1.50
Hand / Face Towels	\$2.00–\$5.00
Travel-Size Hand Lotion	\$1.00–\$2.00
Travel-Size Hand Sanitizer	\$0.75–\$1.50
Women’s Deodorant	\$2.00–\$4.00
Feminine Hygiene – Pads	\$4.00–\$7.00
Feminine Hygiene – Tampons	\$4.00–\$9.00
Feminine Wipes	\$3.00–\$6.00
Toiletry Bag	\$5.00–\$15.00
Cost per kit	Approx \$20.00

New Mom Wellness Kits

Mary’s Center focuses on making sure mothers are cared for postpartum and as their newborns grow. To provide support for women new to motherhood, Mary’s Center enlists volunteers to pack wellness kits for women.

- Number of volunteers: 5-15
- Time commitment: 2 hours
- Locations:
 - In-Office at partner location
 - Mary’s Center – 1707 A Kalorama Rd NW Washington DC 20009

Kit Item	Cost per 1 Item
Lavender Essential Oil	\$10.00
Scented Candle	\$2.00
Bath Soak	\$6.50
Sleep Eye Mask	\$14.00

Soft Throw Blanket	\$11.00
Moisturizing Lotion	\$7.00
Cost per kit	Approx \$45.00

Healthy Snack Kits for Kids

Make sure students have healthy snacks to support their studies! Set a snack kit goal with your team of volunteers and build kits during lunch hour, during an in-office day or from home! Please pack each kit in a sealable Ziplock bag with a handwritten note encouraging kids to eat well during the school year and **a minimum of 4 of the below healthy snacks per kit.**

- Number of volunteers: 5-15
- Time commitment: 2 hours
- Locations:
 - In-Office at partner location
 - Mary's Center – 1707 A Kalorama Rd NW Washington, DC 20009

Kit Items	Cost per 1 item
Granola bars	\$0.30
Hippeas Chickpea Puffs	\$1.56
Sweet potato fry chips	\$1.50
Pretzels	\$0.87
Clif Bars	\$1.22
Organic fruit bars	\$0.45
Total cost for 1 kit	Approx \$7.00

Outdoor Site Beautification

Help keep Mary's Center's clinic sites beautiful! Upkeep of our locations in both Washington, DC and Maryland will help us better serve our participants, and YOU can be a part of that! Help brighten up our outdoor spaces by mulching, weeding, planting flowers, and removing litter. We ask our partners to kindly cover any supply costs for outdoor beautification depending on the project's needs.

- Number of volunteers: 5-15
- Time commitment: 2 hours
- Time of year: April – August
- Project Supplies: Approx \$1,500
- Locations:
 - Adams Morgan - 1707 A Kalorama Rd NW Washington, DC 20009
 - Fort Totten - 100 Gallatin St NE, Washington, DC 20011
 - Silver Spring - 344 University Blvd W Silver Spring, MD 20901

Teen Program Career Mentoring

Being a teen presents many opportunities and challenges. During after school hours, Mary's Center's Teen Program provides a safe place for enrichment following academic instruction at school. Volunteers can help provide career advice, resume building assistance, and economic literacy training.

- Number of volunteers: 5-15
- Time commitment: 2 hours
- Location: Mary's Center - 3912 Georgia Ave NW, Washington, DC 20011

Postpartum Healing Kits

Mary's Center uplifts mothers during all stages of pregnancy. To provide support following the birth of a newborn, Mary's Center enlists volunteers to pack postpartum kits for new mothers healing from labor and delivery. We kindly ask partners to purchase the items needed for the healing kits.

- Number of volunteers: 5-15
- Time commitment: 2 hours
- Locations:
 - In-Office at partner location
 - Mary's Center – 1707 A Kalorama Rd NW Washington, DC 20009

Kit Item	Cost per Item
5 nursing pads - Purchase Nursing pads (disposable) in bulk with 60 count \$7.99	\$0.65
1 Peri Bottle - Purchase Peri Bottle – upside down bottle preferred	\$6.99
1 Perineal Healing Spray - Purchase Popped Witch Hazel Foam with Aloe	\$9.99
5 Postpartum Pads - Purchase pads in bulk and divide into small Ziplock bags	\$3.95
4 Postpartum Underwear - Purchase underwear in bulk and divide into small Ziplock bags	\$6.40
Total Cost of 1 Kit	Approx \$28.00

School Bookmark Making

Is your team interested in a creative volunteer opportunity? Look no further! Mary's Center ensures access to literacy tools for children, including handy creative bookmarks to encourage lifelong reading from an early age.

- Number of volunteers: 5 - 20
- Time commitment: 2 hours
- Locations:
 - In-Office at partner location
 - Mary's Center – 1707 A Kalorama Rd NW Washington, DC 20009

Meaningful Message Cards

Create cards with inspirational messages for Mary's Center participants. A card from a volunteer goes a long way in uplifting participants' spirits as they navigate challenging times.

- Number of volunteers: 5 - 20
- Time commitment: 2 hours
- Locations:
 - In-Office at partner location
 - Mary's Center – 1707 A Kalorama Rd NW Washington, DC 20009

Year End Holiday Opportunities

Thanksgiving Food Drive

Every year, Mary's Center provides Thanksgiving meals to hundreds of families. Give back by sending nonperishable food items through our Amazon wish list, collecting food items in your office, or assembling meal kits with your colleagues!

- Timeframe: October 26th - November 20th, 2026
- Drop-off Location: 2355 Ontario Road NW Washington, DC 20009

Holiday Toy Drive

The holidays are a special time of year but also a time of great need for Mary's Center's families. To help, Mary's Center hosts an annual holiday toy drive with a goal of collecting thousands of new toys to distribute to children in our 5 clinic waiting rooms following doctors appointments. We accept new, unwrapped toys for all ages.

- Timeframe: November 1st – December 16th, 2026
- Drop-off Location: 2355 Ontario Road NW Washington, DC 20009

Holiday Drive Collection Bin Decorating

Every year, Mary's Center runs a Thanksgiving Food Drive and Holiday Toy Drive. To collect these donations, we decorate more than 30 collection bins to send to community partner sites. Join us for a day of creativity and team building to decorate holiday collection bins!

- Timeframe: August - early October
- Number of volunteers: 5 - 20
- Time commitment: 2 hours
- Locations:
 - In-Office at partner location
 - Mary's Center – 1707 A Kalorama Rd NW Washington, DC 20009