



Mary's  
Center

# 2022-2023 Annual Report

CELEBRATING  
**35**  
*Years*  
OF SERVICE



► **Healthier and Thriving**  
Communities for All.



FROM THE CEO AND THE BOARD CHAIR

Dear Mary's Center friends & supporters,

Over the past year as the new Chief Executive Officer and Board Chair, we have been amazed and humbled at all our team has accomplished. The road paved by our founder, Maria Gomez, beginning 35 years ago has allowed us to continue to grow and evolve. New delegations from around the world visited Mary's Center in 2023 to learn about our social change model. We proudly share our experiences with our visitors in the hope that more communities will benefit from our model of care. In today's rapidly evolving healthcare landscape, it is crucial to recognize the importance of addressing the multifaceted needs of individuals and their families. The key to achieving comprehensive and sustainable well-being is addressing medical, dental, behavioral health, social, and educational needs.

While we have achieved remarkable milestones through our journey, the ongoing COVID-19 pandemic has tested our resilience as we have overcome unprecedented challenges. One response in 2023 has been to set up our Long-COVID Clinic. The availability of special funding is dwindling rapidly and as we strive to adapt to the new normal, we face a more complex funding landscape. This is where support from our community makes the difference in sustaining and expanding our programs to reach more individuals and make an even greater positive impact on their lives.

Looking ahead, our plans to relocate to a new and larger location in Prince George's County and expand our dental program with more staff and additional chairs are all underway for 2024. Together, we can create more avenues of access, care, and economic opportunities to reach a healthier future for our community. Thanks to our donors and supporters, our families will thrive and be empowered to advocate for their own health and economic independence.

We are grateful for your continued support of this amazing organization.

Sincerely,

**Tollie B. Elliott, Sr., M.D.**  
CEO of Mary's Center

**Wendy Goldberg**  
Board Chair of Mary's Center

## 15 Years Serving Montgomery County, Maryland

On July 28, 2023, we celebrated 15 years of service in Montgomery County, Maryland, and the 5th anniversary of our newest clinic in Silver Spring. When we opened our first location in 2008, we witnessed the urgent need for a larger location and additional services. In 2018, we moved to our current building and were able to add new services such as dental in 2020 and sonography in 2023. This steady growth has now tripled our capacity in Montgomery County with more than 58,000 appointments in 2022. Through our collaborations and partnerships, we can offer participants a myriad of resources and services.

## Long-COVID Clinic

In 2023 Mary's Center has been supporting participants impacted by the long-term effects of COVID-19 with symptoms lasting several weeks. Studies show one of five people who have contracted COVID-19 experience these long-COVID symptoms, and through our Long-COVID Clinic, our Infectious Disease team is providing comprehensive care and treatment to hundreds of participants experiencing such long-term effects with additional support from our different programs.

## Mary's Center Supports Newly Arrived Migrants

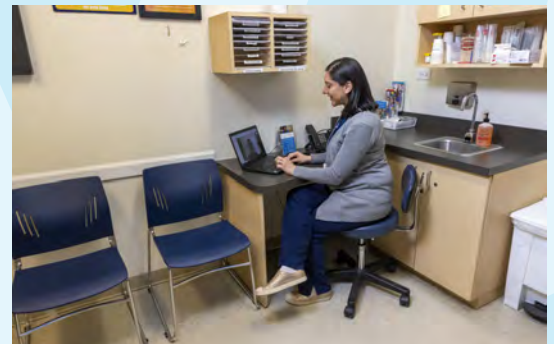
Since 1988, Mary's Center has made increasing efforts to aid migrants as they adapt to living in the DC area. In response to the current migrant influx from the border to the DC region, Mary's Center has been active on multiple task forces within the DC Office on Migrant Services and other local organizations, to help address the immediate needs of these migrants and advocate for policy changes and service needs.

## Our Pregnant Moms Benefit From Medicaid Expansion in Maryland

Thanks to the Healthy Babies Equity Act, effective July 1, 2023, noncitizen pregnant residents in Maryland of any immigration status now have access to Medicaid coverage. The benefit provides coverage during pregnancy and for four months after the baby is born. This is important for our work as prenatal care is our flagship service and immigrants are our largest population.



During our anniversary celebration, we were honored to be joined by federal & state elected officials who have supported our work for years. In this picture, left to right: Dr. Tollie B. Elliott, Sr. CEO of Mary's Center, U.S. Senator Chris Van Hollen (D-MD), Dr. Richard Gesker, EVP of Dental Services at Mary's Center, U.S. Senator Ben Cardin (D-MD), Montgomery County Executive Marc Elrich.



Dr. Sarah Ali, Director of Infectious Diseases, meets with participants struggling with long-term COVID-19 symptoms both, virtually and in-person.



## ★ TOP WORKPLACES

Mary's Center and our partner in education, Briya Public Charter School, were both chosen as 2023 Washington Post USA Top Workplaces for the second year in a row.

Since 2016, we have also been recognized by Washington Post Topwork places in the DC area, and this national recognition results from the hard work and dedication that our staff put forth daily to create a lively and cheerful work environment.





## FEATURED PROGRAMS

### Dental Services Expansion

In our efforts to continue to address the growing public health crisis related to oral health, we will be expanding our dental program in early 2024 by adding multiple new dental chairs and one wheel-chair-accessible dental chair for

participants with special needs at our Petworth location. This expansion is made possible through the financial support of the Robert I. Schattner Foundation. Additional expansion plans are in the works for 2024 in Maryland.



We proudly offer dental care at 3 of our locations and handle an average of **3,300** appointments per month across all three sites



### Our Innovative Facilitated Telemedicine Program

Long before the pandemic started, Mary's Center began using telehealth methods to reach more of our participants through our Facilitated Telemedicine Program, which couples a virtual provider visit with an in-person visit from a Medical Assistant at the participant's home. This early practice allowed Mary's Center to hit the ground right when COVID-19 impacted the DC region. With amazing advancements in technology and the widespread availability of smartphones, tablets, and computers, telehealth or virtual appointments have become increasingly popular and beneficial for participants

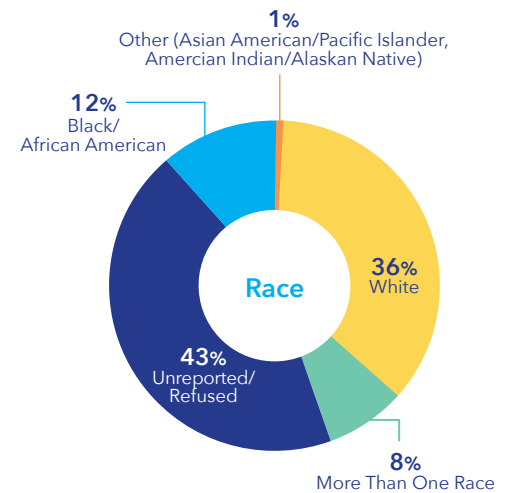
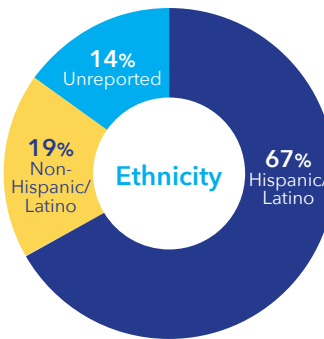
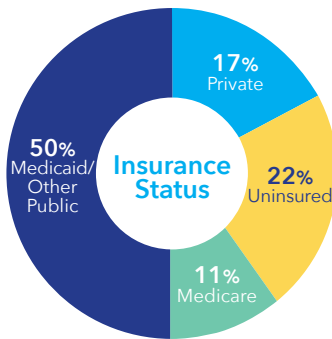
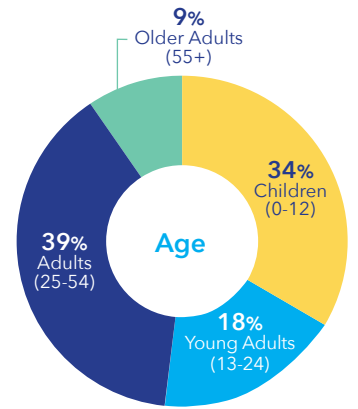
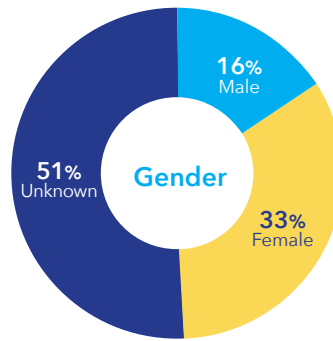
seeking medical support. This year, our Facilitated Telemedicine Program has seen an increase in adherence to treatment plans and health outcomes as we continue to help our participants keep their appointments from the comfort of their homes. While a medical provider speaks with them virtually, our skilled medical assistants go to their homes carrying everything needed to conduct a full screening and diagnostic examination. Over the past year, Mary's Center has served over 3,000 participants via Facilitated Telemedicine.



## LIVES TOUCHED IN 2022

In 2022, we served over 65,000 participants.

The data we are required to report to the federal government includes 51,340 individual participants, which translates to 210,765 visits. This does not include social services, education, and other programs.



## OUTCOMES

### Medical

- 93.3%** Healthy Birth Weight (>5.5 lbs.)
- 68%** Immunization for 2-year olds
- 70%** Cervical Cancer Screening
- 51%** Prenatal Care Entry - 1st Trimester



### Social Services

- 100%** Teen Pregnancy Prevention in After-School Program
- 100%** College entry success in After-School Program
- 98%** No cases of child abuse and neglect in Home Visiting Program
- 62%** Home Visiting participants who attended their postpartum care appointments



### Education

(In partnership with Briya Public Charter School)

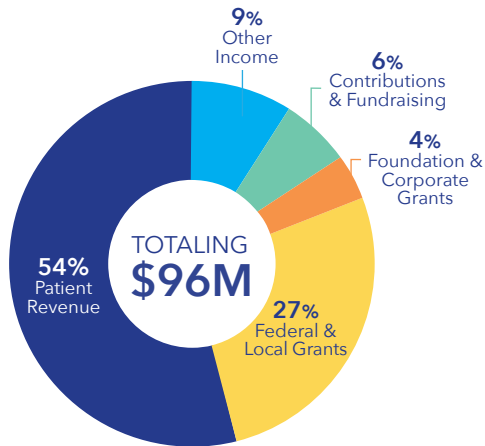
- 90%** Parents reading with children at home
- 95%** Increased books in the home
- 74%** Community and civic involvement
- 94%** Parents participating in parent-teacher conferences
- 94%** Preschoolers met or exceeded growth expectations from the fall to the spring administration of the GOLD literacy assessment
- 92%** Adult students in Child Development Associate and Medical Assistant programs who passed the exam to earn their credential



## FUNDING

For the past 35 years, Mary's Center has benefited from the caring support of individuals, foundations, and corporate partners whose philanthropic investments have positively impacted the health and wellbeing of the thousands of individuals and families we serve across DC and Maryland.

### Sources of Funding in 2022



Our FY22 revenue of \$96 million allowed us to keep up with demand and care for more than 65,000 people last year in the District of Columbia and Maryland.

## Your Support Changes Lives

Ana Alvarez, Mary's Center's Cancer Navigation Coordinator, and former participant of our teen program, arrived in the US in her teenage years from Guatemala, determined to achieve the American dream. Ana's story is part of a New York Times report "Their Mothers Were Teenagers. They Didn't Want That for Themselves" on the decline in teen pregnancies which have been falling steadily since the early 1990s. Mary's Center's teen program teaches healthy choices and provides support in applying to colleges and/or trade schools. Ana credits this program as what prevented her from becoming a teen mom and instead led her on a path of academic success. Ana said, "At Mary's Center, I was able to get connected with the Teen Program, and there I encountered family, friends, and people who inspired me to become someone professional."

Contributions from donors benefit the futures of our teens as they work to prepare for the next chapter of their lives. Through Ana's story, we see the positive impact Mary's Center's teen program has on the lives of our teen participants.



## Legacy Giving

There are many ways to leave a legacy. Individuals that include Mary's Center in their estate plans demonstrate a commitment to our mission and help ensure that we remain nimble and able to provide our community with quality services when they need them. Speak to your financial or legal advisor about the many options to leave a legacy, including:

- Wills or Living Revocable Trusts
- Gifts of Retirement Plans
- Gifts of Appreciated Securities
- Gifts of Life Insurance

With thoughtful planning, your planned gift will help families in need now and for years to come.

Interested in learning more about Legacy Giving?

Contact Heather Morgan, Executive Vice President of Development, at (202) 579-6198 or [hmorgan@maryscenter.org](mailto:hmorgan@maryscenter.org).

Help us to continue changing lives



To view our financials, visit our website: [maryscenter.org/annual-report](https://maryscenter.org/annual-report)  
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