PCIT is now offered in two locations: Adams Morgan and Fort Totten.

- Appointment availability throughout the day, after-school and evening hours during the week.
- We can schedule visits 1-2 times per week.
- Ask us about our new Tele-Behavioral Health system!
- Sessions are conducted in both English, Spanish. Portuguese coming soon!
- You can find more information and our referral form on our website: www.maryscenter.org under Behavioral Health, Early Childhood Program.

How to Refer:

1. Share with the identified family that you are making this referral.
2. Complete a referral form with the caregiver’s consent.
3. Include as much information as possible including day/time/location preferences!
4. Email the referral form to ECP@maryscenter.org

Mary’s Center
Parent-Child Interaction Therapy

Behavioral Health Early Childhood Program

1707B Kalorama Rd NW,
Washington, DC 20009
100 Gallatin St NE
Washington DC, 20011
Phone: 202-420-7122
E-mail: ECP@maryscenter.org
What is Parent-Child Interaction Therapy (PCIT)?

- Parent Child Interaction Therapy (PCIT) is an evidence-based treatment for children between the ages of 2y-6y11m.
- PCIT consists of two phases: Child Directed Interaction (CDI) and Parent-Directed Interaction (PDI).
- CDI focuses on relationship enhancement between caregiver and child.
- PDI teaches caregivers and children how to work together to follow directions and stay safe within a consistent and predictable routine to use when disruptive behaviors unfold.

- Every day interactions can improve within 2-3 coaching sessions!
- In both phases, caregivers practice their new skills in the session until mastery is reached and the child’s behavior has improved.

Who can participate in PCIT?

- Caregivers with a child from 2 years-6y11months
- Children with the ability to understand what you are saying to them at a 2.5 year old level
- Children currently living with participating caregiver at least 50% of the time. Extended family too!
- Children with behavior problems in school, daycare, home or the community.
- Any caregiver who would like to be supported during their interaction with their child!

What does PCIT address?

- Hyperactivity
- Inattention
- Aggressive/disruptive behaviors
- Non-compliance to basic requests
- Symptom of depression/anxiety
- Poor peer interactions
- Running away from caregiver
- Cruelty towards animals
- Recent life stressor/change
- Known/suspected abuse/neglect
- Impacted by a traumatic event
- Developmental Delay

Special Programs:

- Currently accepting referrals for immediate enrollment of parents age 17-25 years old!
- Children age 0-2 years old for CDI, attachment-based support.
- Children aged 2-6y11m for both attachment-based support and behavioral modification.

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