



Gala Early Bird Tickets Available NOW!



Mary's Center's Annual Gala is just around the corner-- and this year we're celebrating *carnaval style!* **Noche Tropical: Un Carnaval**, on Friday, October 28th, will be a fun-filled night celebrating the commitment of friends like you to building better futures, one family at a time.

Festivities include silent and live auctions, a three-course dinner, dancing, a rum and cigars party, and *much more!* Did we mention there's a masquerade theme?

[Early bird tickets are \\$300 until July 1st. Click here to purchase your tickets today!](#)



Happy Father's Day!

"To become a father is not difficult, but to be a father is." - Author Unknown

Mary's Center wishes all of the Father's and Father figures in our lives a day full of peace, love, and family!



Did you know June is Men's Health Month?

We're all about promoting a healthy lifestyle here at Mary's Center. In recognition of Men's Health Month, some men of Mary's Center share how they stay in shape.

[Check out these tips for balancing a healthy lifestyle and a busy career from the Mary's Center staff.](#)



Happy Anniversary, Flower Avenue!

In 2008, Mary's Center opened its first health center in Maryland at 8709 Flower Avenue in Silver Spring. For 8 years, Montgomery County residents have turned to Mary's Center for care and support. Just last year alone, we served 3,718 Montgomery County residents.

[Read more about this site's many accomplishments, and how this is just the beginning of Mary's Center footprint in MoCo.](#)



School-Based Mental Health in Action

"I am a flower. I am delicate. I am also resilient."

These words by poet R.H. Sin, opened Saba's remarks during the School-Based Mental Health Program (SBMH) Partner Reception in May.

Mary's Center SBMH Program has been able to help 1,056 participants since the program began in 2013.

[Read Saba's words of appreciation here.](#)

